

## Peer-Reviewed Journal Articles

1. Ahmed, Z., Crush, J., and Onyango, E. (2026). Remittance Biographies, Translocal Households, and Urban Food Security in Eastleigh, Nairobi, Kenya. *Canadian Journal of African Studies* (submitted).
2. Si, Z., Ahmed, Z., Ramachandran, S., Arya, N., and Crush, J. (2026). Living Through the COVID-19 Pandemic as a Refugee in Secondary Cities in Canada: The Intersectionality of Immobility, Gender, and Food Insecurity. *Journal of Migration and Health* (submitted).
3. Ramachandran, S., Onyango, E., Si, Z., Ahmed, Z., Eguiguren, M., Crush, J., and Arya, N. (2026). Food, Fear and the Everyday: Refugee Food Strategies Amid COVID-19 Disruptions in the Waterloo Region. *Journal of Hunger & Environmental Nutrition* (submitted).
4. Ahmed, Z., Crush, J., and Dinbabo, M. (2026). Obligation, trust, provision, and autonomy: Moral-economy practices of Somali migrant food enterprise in Nairobi, Kenya. *Sustainability* (submitted).
5. Ahmed, Z., Crush, J., Owuor, S., and Onyango, E.O. (2024). Disparities and determinants of Somali refugee food security in Nairobi, Kenya. *Global Food Security*, 43, 100808.
6. Crush, J. and Ahmed, Z. (2024). Cities of Contagion: Migration, Food Security, and COVID-19 in Urban Africa. *African Human Mobility Review*, 10(3).
7. Ahmed, Z. and Crush, J. (2024). "An endless cycle of worry and hardship": The impact of COVID-19 on the food security of Somali migrants and refugees in Nairobi, Kenya. *African Human Mobility Review*, 10(3).
8. Crush, J., Tawodzera, G., Salamone, M., and Ahmed, Z. (2024). Pandemic mobilities, livelihood disruptions, and food insecurities among Eastern Cape migrants in Cape Town and Johannesburg during COVID-19. *African Human Mobility Review*, 10(3).

## Technical Reports and Working Papers

1. Ahmed, Z. (2026). The politics of survival: South-South migration, urban informality, governance, and the food security nexus in Nairobi, Kenya. Theses and Dissertations (Comprehensive).
2. Ahmed, Z., and Abdirisak, A. (2026). Food insecurity, gender, and transnational social obligations among Somali refugees during the COVID-19 crisis in Kitchener-Waterloo, Canada. MiFOOD Paper No. 59, Waterloo.

3. Ahmed, Z. (2025). Intersectionality in motion: Refugee migration and urban food security in Nairobi, Kenya. MiFOOD Paper No. 54, Waterloo.
4. Ahmed, Z., and Crush, J. (2025). Remittance biographies, translocal households, and Somali food security in Nairobi, Kenya. MiFOOD Paper No. 48, Waterloo.
5. Crush, J., and Ahmed, Z. (2025). Considering the migration and food security nexus in African cities. MiFOOD Paper No. 39, Waterloo.
6. Ahmed, Z. (2025). "We help each other when we can": Somali migrants, urban livelihoods, and South-South migration in Nairobi's 'Little Mogadishu'. MiFOOD Working Paper, Waterloo.
7. Ramachandran, S., Onyango, E., Si, Z., Ahmed, Z., Eguiguren, M., Crush, J., and Arya, N. (2025). "Going to the supermarket was hard": Pandemic foodscapes and unsettled food practices of refugees in the Waterloo Region. MiFOOD Paper No. 36, Waterloo.
8. Si, Z., Ahmed, Z., Ramachandran, S., Arya, N., and Crush, J. (2025). Living through the COVID-19 pandemic as a refugee in secondary cities in Canada: The intersectionality of immobility, gender, and food insecurity. MiFOOD Paper No. 33, Waterloo.
9. Crush, J., and Ahmed, Z. (2025). Mythologies of mixed migration and the Southern Route. SAMP Migration Policy Series No. 87.
10. Elujulo, O., Shilomboleni, H., and Ahmed, Z. (2025). African Food Systems Transformation Brief 01: Extension and advisory services for agroecological transitions in Africa. African Food Systems Transformation Collective, Cape Town.
11. Ahmed, Z., Crush, J., and Owuor, S. (2024). Pandemic shocks and the food security of Somali migrants and refugees in Nairobi, Kenya. MiFOOD Paper No. 30, Waterloo.
12. Ahmed, Z., Crush, J., Owuor, S., and Onyango, E. (2024). Refugee migration and urban food security: Somali migrants in Nairobi, Kenya. MiFOOD Paper No. 21, Waterloo.
13. Ahmed, Z., and Eguiguren, M. (2024). Impact of COVID-19 on food security among Somali migrants and refugees in Kitchener-Waterloo, Ontario: Narratives from a photovoice study. MiFOOD Research Brief, Waterloo.
14. Ahmed, Z. WFF, Youth Policy Board. 2024. World Food Forum Global Youth Action Plan 2025-2026. Rome. [https://youth.world-food-forum.org/docs/devworldfoodforumlibraries/track-youth-assembly/global-youth-action-plan.pdf?sfvrsn=9b638ce5\\_5](https://youth.world-food-forum.org/docs/devworldfoodforumlibraries/track-youth-assembly/global-youth-action-plan.pdf?sfvrsn=9b638ce5_5)

15. Crush, J., Tawodzera, G., Salamone, M., and Ahmed, Z. (2023). COVID-19 impact on internal migration, labour markets, and urbanization: South Africa case study. KNOMAD, World Bank Working Paper.
16. Wong, A., Elujulo, O., Ahmed, Z., Al-Saffar, R., Caro Alvarez, J. D., Domke, N., Eloundou, J. N., Hayton, T., Srivastava, V., Rubiyanto, J. T., Van Hecke, B., and Venkat, S. (2023). Regional Youth Action Policy Compendium. World Food Forum.
17. Ahmed, Z., Alsefaou, A., Berriman, K., and Foster, S. (2022). Enhancing food security in developing countries amidst the COVID-19 pandemic through a gender-focused triangular cooperation response. Aftershocks: 2022 Global Trends Report. Balsillie School of International Affairs.

## Op-Eds

1. Ahmed, Z. (2025). Trade war heightens risks for immigrant factory workers. Policy Options.
2. Ahmed, Z. (2025). Why Canada must look beyond the U.S to Africa's economic boom. Policy Options.